

THIS MONTH IN CAMPUS MINISTRY

MEDITATION: A TOOL FOR SELF-KNOWLEDGE: Rediscover ancient methods of relaxing, quieting and concentrating the mind, attuning the mind-body-soul connection. While reading different traditions of meditation, each session will include a period of 'quiet sitting'. Call Daryl Lynn Ross† for more information. Wednesdays, 12 – 1 p.m., Annex Z, Room 105.

PRISON VISIT PROGRAM: A dialogue program between students and inmates at Archambault Prison. The visits will run for eight consecutive weeks on Tuesday afternoons, beginning January 24th. An orientation meeting for this semester's program will be held on January 17th at 1:00 p.m., at Annex Z, Room 105. Contact Matti Terho† or Peter Côté† for further details.

RETREAT AT OKA MONASTERY: Spend a weekend with these Trappist Monks whose tradition of prayer goes back over 1500 years. A time to experience this prayer tradition and time to change gears, to slow down and reflect on your own journey, as to where you are going and what your studies mean. This semester it will be held on the weekend of February 10, 11 & 12. The all-inclusive cost remains at \$50.00. For more information, or to reserve a place call Bob Nagy† or Peter Côté†.

GATHERING OF MEN: The new downtown group has formed. They will be meeting on January 12 in Annex Z, Room 03 at 7:00 p.m. This is the last opportunity for new members to join the group. If you are interested you should call Matti Terho† ahead of time.

JOURNEY OF DISCOVERY: Using guided imagery, meditation on the Word of God, creative expression and other techniques, participants will have the opportunity to discover the unity of mind, body and spirit, to form new bonds with others and deepen their relationship with God. For information call Michelina Bertone S.S.A. †

MULTI-FAITH DIALOGUE: Students meet for a 'brown bag' lunch discussion that is designed to promote understanding and dialogue between members of various faiths Wednesdays, beginning January 18th at 12 noon, at Annex T (2030 Mackay) Those interested should call Matti Terho †

OUTREACH EXPERIENCE is an opportunity to make a difference, to discover new skills and talents and to get involved. Participants will be invited to volunteer their time to work with children, teens, the elderly, the poor or the sick. The commitment required depends on your interests availability and desired depth of involvement. For information call Michelina Bertone S.S.A. †

WOMEN'S SPIRITUALITY: A series of videos and discussions will explore women's perspectives and experiences within various religious traditions, as well as outside. This is an eight session series, held on Tuesdays from 4:15 – 6 p.m., beginning on January 24, Annex Z, room 105.

† Bob Nagy: 848-3587; Daryl Lynn Ross: 848-3585; Matti Terho: 848-3590;
Peter Côté: 848-3586; Michelina Bertone, SSA: 848-3591.

LOYOLA CAMPUS: *Belmore House* (Annex WF 2496 West Broadway) 848-3588
SIR GEORGE WILLIAMS CAMPUS: *Annex Z* (2090 Mackay) 848-3590